

**NORTHEASTERN STATE UNIVERSITY**  
**BACHELOR OF SCIENCE IN HUMAN AND FAMILY SCIENCES -General Option (8400)**  
**Plan of Study 2010 - 2011 (NOT official degree plan)**

<b>TOTAL HOURS NEEDED</b>	124	<b>DEGREE REQUIREMENTS</b>	<b>MET</b>	<b>NEEDED</b>
GEN ED	50	30 hours from NSU required>	No	<b>30</b>
MAJOR	39	60 hours from 4 year institution required>	No	<b>60</b>
MINOR	18	40 hours of 3000/4000 level courses required>	No	<b>40</b>
Free Electives	17	50% of the major must be 3/4000>	No	<b>20</b>
		50% major must be completed at NSU>	No	<b>20</b>
AA or AS Degree:	NO	Liberal Arts and Sciences>	No	<b>55</b>
		English Proficiency> Grade of "C" or above in ENGL 1113 & 1213		
		Am Hist & Am Govt>	No	

GENERAL EDUCATION	COMPLETED			NEED	MAJOR	COMPLETED			NEED
	TRANSFER 2YR	4YR	NSU			TRANSFER 2YR	4YR	NSU	
<b># WRITTEN &amp; ORAL COMMUNICATIONS</b>					<b>Core</b>				<b>9</b>
# ENGL 1113 Freshman Comp I				3	# HFS 1001 Introduction to HFS				1
# ENGL 1213 Freshman Comp II				3	# HFS 1103 Relationships/Marriage				3
# Select One of the following:					# HFS 4633 Prof Development				3
# COMM 1113, 3213, 3223, 3303				3	# HFS 4792 HFS Capstone				2
<b># HUMANITIES (6 hours required)</b>					# (note 6 hours of core counted toward total general education hours)				
<b># Culture &amp; Ideas: (select one course)</b>									
# Hist 1113; Hum 2113, 2223; Phil 1013; Engl 2113				3					
<b># Fine Arts Appreciation: (select one course)</b>									
# Hum 2333; Mus 2543, 2863, Thtr 2763, 2843				3					
<b># SOCIAL SCIENCES (9 hours required)</b>					<b># Specialization: Choose 30 hours</b>				<b>30</b>
# POLS 1113 American Federal Govt				3	# HFS 2103 Food Prep/Meal Mgmt				3
# HIST 1483 or 1493 Am History				3	# HFS 2203 Contemp Hum Environment				3
<b># Select one of the following:</b>					# HFS 3103 Food Science Principles				3
# Geog 2243, Soc 1113, Psyc 1113, Econ 2213, 2313				3	# HFS 3223 Infant/Toddler Develop				3
<b># QUANTITATIVE ANALYSIS (3 hours)</b>					# HFS 3423 Child & Adolescent Devel				3
# Math 1513 or				3	# HFS 3463 Parenting				3
# any advanced math, statistics or computer programming course					# HFS 3583 Nutritional Assessment				3
<b># NATURAL SCIENCE (8 hours required)</b>					# HFS 3763 Medical Nutr Therapy I				3
<b># Biological Sciences (4 hours)</b>					# HFS 3883 Instructional Strategy				3
# BIOL 1114				4	# HFS 4033 Families in Crisis				3
#					# HFS 4213 Child Guidance				3
<b># Physical Sciences (4 hours)</b>					# HFS 4243 Life Cycle Nutrition				3
# SCI 1114				4	# HFS 4283 Community Nutrition				3
#					# HFS 4293 Hlth/Nutr Young Child				3
<b># LIFE SKILLS (6 hours required)</b>					# HFS 4393 The Aging Family				3
# HFS 1653 Basic Nutrition (required for major)				3	# HFS 4453 Infant/Todd Relationships				3
#					# HFS 4563 Quantity Food Production				3
# HFS 3113 Consumer Issues (meets core requirement)				3	# HFS 4743 Fam & Human Develop				3
<b># GLOBAL PERSPECTIVES (6 hours required)</b>					<b>MINOR or Internship Option</b>				<b>18</b>
<b>Literature, Customs, and Beliefs:</b>					(By Advisement)				3
HFS 3653 (meets core requirement)				3					3
Select one course from the categories below:				3					3
<b>Second Language:</b>									3
# Span, Fren, Germ, Cher, Jpn, Chin, Rus, Grek									3
# Lat 1113/1123 or Amer Sign Lang									3
<b>American Indian Studies:</b>									
# ANTH 2223, CHER 4113, HIST 3723									
<b>Geography:</b>									
# GEOG 2003, GEOG 2133, GEOG 2253									
<b>Political Science:</b>									
# POLS 2313, POLS 2353									
#									
<b>UNIVERSITY STUDIES</b>					<b>Free Electives</b>				<b>17</b>
# UNIV 1002 College Strategies				2					
# UNIV 2091 Capstone				1					
<b>COMPUTER PROFICIENCY</b>									
High School Course (enter "0")				0					
NSU Computer Proficiency Assessment (enter "0")									
CS/IS 1003 or EDUC 4823 (Education majors)									
# LAS Free Electives Lower Div									
Non-LAS Free Electives Lower Div									

# Indicates a Liberal Arts & Science Course