Practicum II
Self-Evaluation of Individual Counseling Series

Directions: Complete one copy of this evaluation for each client at the end of corresponding series of counseling sessions. Turn this evaluation in to the instructor with corresponding audio-taped termination session transcription.

Name of counselor-in-training: _____
Name of Client: (use initials): _____
Tape #: _____
Date: _____

COUNSELING SERIES EVALUATION (to be completed after termination session)

1. General description/summary of the interviews (client topics, problems, concerns discussed)

2. Client's common theme throughout interviews (content and feelings)

3. Counselor's conceptualization regarding clients presenting problem(s) and recommendations (what might be the next step) for this client.

4. Review of your strengths & weaknesses in this series (be specific)

5. Describe your overall comfort level with this client and the skills you are learning (**very comfortable, somewhat comfortable, or uncomfortable)** and explain why.

Individual Counseling Tape Evaluation – Rate Yourself

TECHNIQUE	POOR		ACCEPTABLE		TARGET	
1. Initial intake (informed consent)	NA	1	2	3	4	5
2. Direct session toward client's desired outcome	NA	1	2	3	4	5
3. Minimal encouragers.	NA	1	2	3	4	5
4. Reflection of feeling.	NA	1	2	3	4	5
5. Reflection of content.	NA	1	2	3	4	5
6. Open-ended and closed questions.	NA	1	2	3	4	5
7. Use of silence.	NA	1	2	3	4	5
8. Paraphrasing	NA	1	2	3	4	5
9. Summarizing.	NA	1	2	3	4	5
10. Termination.	NA	1	2	3	4	5
11. Overall rapport with client.	NA	1	2	3	4	5
12. Stay present within the session.	NA	1	2	3	4	5
13. Maintain professional role as counselor.	NA	1	2	3	4	5
14. Establish continuity across sessions.	NA	1	2	3	4	5
15. Lead client toward personal responsibility.	NA	1	2	3	4	5

Additional Comments: