Careers with a Major in...

Sociology Criminal Justice Health Professions Psychology Social Work Health Care Hospitality and Tourism Legal Studies Management **Marketing Communication** Education **Business Administration Creative Writing Public Service Public Policy Speech-Language Pathology** Therapy & Rehabilitation

and a Minor in Early Care, Human Development & Family Studies (General), or Gerontology in the program area of Human Development & Family Studies

All Courses are ONLINE

Department of Psychology & Counseling Northeastern State University (Tahlequah, Broken Arrow, & Muskogee)

Do you want to assist the families in your community? Are you interested in dynamics of the family and human development? If so, you might consider entering this complementary degree field. Human Development and Family studies involves exploring the changes and experiences individuals undergo in life and understanding how these fit into complex family dynamics throughout a lifetime: early infancy, childhood, adolescents, adulthood, and elderly.

Professional Area/Job Titles	Potential Employers	Action Plan
Human and Social Services Case Manager Community Organizer Counselor Family Support Worker Activity/Recreation Director Administrator Advocate Grant Writer Development Officer Researcher Family Services Specialists Outreach Worker/Case Worker Retirement Facility Program Director Community Center Program Coordinator Early Child Development Interventionist Adoption Agent Nursing Home Administrator Service Coordinator Transportation Director	 Juvenile service agencies Federal and State Government, non-profit and for-profit agencies designed to serve children, youth, families, seniors, and communities Child welfare/foster care and adoption agencies Maternal health agencies, hospitals, home health, long-term care agencies Child and adult protective services Military family support services Criminal justice settings Women's Protective Agencies Domestic violence shelters Peace Corps Senior living communities Offices of aging Substance abuse prevention programs Vocational rehabilitation/job training agencies Research institutes Family/Children/Senior centers 	 Pursue a Bachelor's degree in Psychology, Sociology, Criminal Justice, Health Professions, Creative Writing, Communications, Business and Social Work and a Minor Human Development & Family Studies (General) Pursue a Bachelor's degree in Psychology, Sociology, Criminal Justice, Health Professions, Creative Writing, Communications, Business and Social Work and a Minor in Early Care (if working with young children) Pursue master's degree if goal is be a counselor, or psychotherapist. Learn federal, state and local government job application process; apply early because the process is quite lengthy. Find an internship in an area in which you aspire to work. Experience is critical. Volunteer in an Adult Health and Development Program Volunteer or work with children
Law/Criminal Justice/Legal Studies ➤ Law Enforcement/Corrections ➤ Juvenile Worker ➤ Lawyer (J.D.)/Graduate Degree* ➤ Advocate, child/family ➤ Lobbyist ➤ Politician ➤ Mediator ➤ Policy analyst ➤ Researcher	 Police departments/prisons Divorce/other mediation programs Domestic Violence organizations Child and Adult Protective Services, legal representation Victim/witness support services Legal aid agencies Lawyers'/District attorney's office Consumer safety organizations Legislative advocacy groups Senate, House of Representatives, Capitol Hill 	 Volunteer in the courts: advocate for victims of domestic violence, guardian for person with developmental disabilities, mediation programs, and family support (Pursue a degree in Criminal Justice, Legal Studies, Sociology, Communications, Creative Writing, Business & Psychology) Participate in university mock trial and debate teams *Pursue a law degree Gain experience in public speaking, e.g., toastmasters

<u>Community Services/</u> <u>Psychology/Communications/</u> Creative Writing

- Counselor
- > Youth Development Worker
- Sexuality Educator
- Parent Educator
- Program administrator/director
- Crisis/Hotline Worker
- ➤ Grant-Writer/Dev. Officer
- Clergy/Pastoral Care
- Program Evaluator and researching (MS Counseling)
- Outreach Worker/Case Worker

- Community centers
- > YWCA, YMCA
- > Summer camp programs
- ➤ Clubs and classes for children
- Programs for people with special needs
- Family support centers
- Parenting education programs
- ➤ Cooperative Extension
- ➤ Local governments
- Jobs programs
- Church/synagogues/faith-based organizations
- Senior Communities

- ➤ Gain relevant experience as an intern, part time employee or volunteer
- Develop wide range of skills in the arts, sports, activity leading, and workshop leaving
- Visit model programs that interest you
- ➤ Investigate positive youth development models
- Pursue a degree in Psychology, Social Work, Sociology, Marketing, Communications, Creative Writing, Business, or Legal Studies

Education

- Certified Family Life Educator (CFLE)
- Administrator
- Teacher—Preschool (BS), High School (BS with certification), Human and Family Science educator (BS w/Alternative Cert) or Higher education (MA/MS or PhD)
- Program Evaluator
- ➤ Advocate/Policy Analyst
- > Family Resource Coordinator
- > After School Program Director
- Curriculum Developer
- ➤ School Counselor (BS/MS)
- Family Support Counselor for parents of children with special needs and/or for seniors
- ➤ Educational researcher (PhD)

- Childcare centers
- > Child development centers
- ➤ Head Start programs
- Marriage and family enrichment programs
- Parenting, outreach programs, and family life education
- Health and wellness prevention settings
- > Cooperative Extension
- Family daycare
- ➤ After school tutoring
- > Social/emotional skills programs
- ➤ AmeriCorps/Peace Corps
- > Religious institutions
- School-based programs
- University academic advisor/administrator
- Senior living communities

- Pursue certification in early childhood education, high school teaching (child development, human development and family sciences, family and consumer sciences), or day care licensure
- Gain experience working with children and adolescents via parttime work, internships, and volunteering in community or religious settings
- Consciously apply child development knowledge
- Pursue a certificate in Certified
 Family Life Educator (CFLE) (see www.ncfr.org)
- Apply for an Alternative Teaching Certification with your Bachelors Degree and meet the State's Education teaching requirements

Policy/Public Service

- > Family Policy and Analyst
- Legislator
- Lobbyist/Advocate
- Researcher (PhD)

- Nonprofit child/family/seniors research/advocacy organizations
- ➤ Policy "think tanks"
- > State legislature
- > International organizations
- Human rights organizations
- ➤ All levels of government:
 - Human Services, Consumer Protection, Occupational and Human Safety, Immigration Services, FEMA, Education, etc.
- Collaborate w/ public officials to become familiar with current policies and the impact they have on families & society
- > Stay current regarding legislation and social program funding
- Develop professional opinions to deepen arguments used for and against governmental social programs
- Attend National Conferences listed below
- Pursue a degree in Psychology, Sociology, Criminal Justice, Health Professions, Social Work, Health Care, Marketing, Creative Writing, Communication & Legal Studies

Communications/ Business/Hospitality

- Human Resource Specialist
- ➤ Retail store manager/buyer
- ➤ Home Economist
- ➤ Hotel Manager
- > Tour Director/Travel Specialist
- Cruise Director
- ➤ Toy developer/Consultant/Buyer
- > Employee Assistance Specialist
- Corporate Work and Family Director
- > Family financial counselor
- > Consumer protection specialist
- Public relations director
- > Sales and Marketing Specialist
- > Family Business Consultant
- Real Estate Agent
- ➤ Consultant
- ➤ Writer/Editor/Journalist
- Consumer Researcher
- Market Researcher
- > Entrepreneur
- ➤ Office Management
- Technical Director/System Engineer

- Foundation and funding organizations
- ➤ Manufacturing industry—products for families and children
- Retail/Department stores
- > Public relations departments
- Development offices
- > Corporate daycare
- > Your personal start-up business
- Newspapers/Magazines
- Consumer service departments/agencies
- Market research agencies
- ➤ Bank teller
- Administrative assistant (keep track of accounts payable, receivables and medical records)
- Senior accountant
- ➤ Adult communities

- Seek volunteer or independent internships relevant to your interests
- Develop statistics, accounting, and computer database skills
- > Attend entrepreneur workshops
- > Develop public speaking skills
- Work with a promotional campaign on campus
- Develop written communication skills; submit work for publication
- Pursue a degree in Psychology, Sociology, Social Work, Health Care, Hospitality & Tourism, Legal Studies, Management, Creative Writing, Communication, Legal Studies, Business, and Marketing
- ➤ Learn diverse cultures & ethnicities

<u>Therapy/Rehabilitation/Speech -</u> <u>Language Pathology/Health</u> <u>Professions/Health Care</u>

- Physical Therapist
- Occupational Therapist
- > Speech-Language Pathologist
- Kinesiologist
- Psychologist
- Case Manager
- > Rehabilitation Director
- Design Engineer
- Clinical Research Coordinator
- Pediatrician
- Medical Doctor
- ➤ Home Care (Registered Nurse)
- ➤ Hospice Worker
- Nutrition Services Director

- Rehabilitation centers
- Nursing homes
- > Schools
- > Hospitals
- ➤ Government facilities
- Outpatient clinics
- > Senior citizens centers
- > Youth guidance organizations
- ➤ Home healthcare services
- > Sports medicine clinics
- > Acute care centers
- > Independent orthopedic clinics
- > Skilled care facilities
- Senior living communities

- Pursue a Bachelor's degree in Psychology, Counseling, Health Professions, and a Minor in Early Care (if working with young children) or a Minor in Human Development and Family Studies
- Pursue a Master's degree in Speech-Language Pathology
- Pursue a M.D., D.O., or PH.D. in Medicine or M.S. or PH.D. in Health Professions
- Develop written communication skills & public speaking skills
- Seek volunteer or independent internships relevant to your interests
- ➤ Learn medical terminology
- ➤ Learn diverse cultures & ethnicities
- Develop critical thinking & listening skills

Suggestions for your Action Plan:

- Obtain a bachelor's degree in any of the areas listed above (this is NOT an inclusive list) with a minor in Early Care, Human Development and Family Studies or Gerontology while maintaining a good academic G.P.A.
- Develop good public speaking along with good verbal and written communication skills
- Acquire leadership roles in religious settings, organizations, and/or clubs
- Volunteer at work sites of interest and/or communicate with workers in the field(s) you are exploring
- Research information about occupations along with future earnings potential on the U.S. Department of Labor website
- Pursue opportunities to work with diverse populations and cultures
- Seek out undergraduate research experience opportunities
- Remain current with the news: local, state, and international programs
- Familiarize yourself with family policy legislation
- Visit with your NSU Academic Advisor regularly to discuss your degree and career plans

Examples of Relevant Human Development and Family Studies Professional Organizations

National Council on Family Relations (NCFR) www.ncfr.org
Oklahoma Council on Family Relations (OKCFR) https://ok.ncfr.org/
American Association of Family and Consumer Sciences (AAFCS) www.aafcs.org
American Association of Marriage and Family Therapy (AAMFT) www.aamft.org
Association of Behavioral and Cognitive Therapies (ABCT) www.aabt.org
National Association of Social Workers (NASW) www.socialworkers.org
The Gerontology Society of America (GSA) www.socialworkers.org

For more information please contact Sheree Whiteside, HDFS Program Chair (whitesid@nsuok.edu) Updated 12/2/2025



HDFS Career & Minor Information QR Code



HUMAN DEVELOPMENT AND FAMILY STUDIES—GERONTOLOGY MINOR

Gerontology-is the study of aging. This particular course of study covers the physical, mental, and sociological aspects of the complex process known as aging and acquires a more introspective look into the positive and negative effects on the family. Gerontology concerns itself with the processes of aging, and its effects on individuals, families and communities. The information obtained in this Minor Degree option can be implemented to help care for the population that is expediently growing in the United States.

Potential Career Opportunities—Mental Health Professionals, Senior Care Advocates, Nursing Home and Assisted Living Administrators/Activities Staff, Social Support Workers, Policymakers, Health Care Workers, & Speech Language Pathologist.

Required Hours:

- HDFS 4393 The Aging Family
- HDFS 4063 Gerontology Policy and Family Programs
- HDFS 4083 Adaptive Family Dynamics

Choose 9 hours from the following:

- HDFS 3213 Issues in Aging
- HDFS 3613 Family Life Cycle
- HDFS 4073 Gerontology Family
- PSYC 4363 Adult Development and Aging
- SOC 4813 Death and Dying

The above courses focus on the aging family and the aging process. The studies will comprehensively explore the physical, social, psychological, and economic characteristics of growing older. Special emphasis will be given to improving the quality of life, familial connections, policy and advocacy, misconceptions of the aging population, various living environments, and evidence-based practices that support the aging population.



HUMAN DEVELOPMENT AND FAMILY STUDIES— EARLY CARE MINOR

Northeastern State University's Early Care Minor in Psychology is a complement for students in any major degree that are interested in working in the social service area or have a passion to work with young children and families. The foundation of this degree is based upon best practices in social, physical, cognitive, and emotional development. Students are introduced to the world of young children and how they perceive the world around them, how they interact and how they obtain knowledge.

General Education Prerequisites Requirements:

- PSYC 1003 Introduction to Human Behavior
- or PSYC 1113 Introduction to Psychology

Required Courses:

- ECED 4113 Creative Expression for Early Childhood
- HDFS 3203 Birth to Three: Ages and Stages
- HDFS 3413 Birth to Three: Healthy Beginnings
- HDFS 3833 Family Engagement
- HDFS 4873 Positive Guidance Techniques
- SPED 4433 Introduction to Education of Children with Exceptionalities

The above courses include the consideration of the community and family interactions on learning and development while promoting strategies for fostering respectful, reciprocal relationships among early care providers, young children and their families. Special emphasis will be placed on developmental milestones in the areas of physical, social, emotional, and cognitive development. Examination of environments for both health and safety requirements will also be explored.



HUMAN DEVELOPMENT AND FAMILY STUDIES—GENERAL

Northeastern State University's Human Development and Family Studies Minor is a complement to any major degree for students interested in working within the contexts of families, society, school and career planning. The foundation of this degree is based upon the issues and theories of human growth and development from conception to death. Students will explore the dynamics of family life along with its effects on the community and experiences within society.

Minimum Grade Requirement

Students must earn a grade of C or better in courses used for major or minor credit. Grades lower than a C from NSU or transfer institutions will not apply for major or minor credit.

Required Courses:

- HDFS 3143 The Developing Child
- HDFS 3613 Family Life Cycle
- HDFS 3623 Challenges in the Family
- HDFS 3863 Diverse Family Systems
- HDFS 4683 The Developing Adolescent
- HDFS 4823 Families in Poverty

The above courses focus on how families and children function, develop, evolve and adjust in response to the challenges of modern life. Special emphasis will be placed on diverse family dynamics, family interconnectedness, developmental milestones, intergenerational challenges, cross-cultural perspectives and community resources. Principles and concepts of managing family needs and resources will also be explored.



Study Psychology and Human Development & Family Studies

Why study Psychology?

It will help you understand human behavior and mental processes and allow you to better understand how we think act and feel.

Why study Human Development and Family Studies?

Are you dedicated to helping others? Are you interested in a profession that's devoted to improving the quality of life and health for children, adolescents, adults and families? Studies in Human Development prepares students for careers in a variety of fields, such as human services, social policy, community and public health, counseling, social work, medicine, nursing, occupational therapy, gerontology, child/elder advocacy, criminal justice/law, and child life specialist professions. Students explore topics such as adolescence, child development, family relationships, mental health, counseling and youth programs in both traditional classroom settings and real-world situations.

Why pair Psychology?

Psychology students primarily study human behavior, thought, cognition, and brain function and HDFS students focus on how individuals and families develop (both mentally and physically). HDFS is an interdisciplinary program that examines the social context of human development over the lifespan of a person.

The study of Human Development is to acquaint you with developmental concepts in psychology and to give you an understanding of the basic dynamics, which underlie human behavior at various stages in the lifespan. You will study human development from conception through the adult life-span.

For more information contact:

Sheree Whiteside, Human Development & Family Studies, Program Chair whitesid@nsuok.edu





Study Business, Communications, Marketing and Human Development & Family Studies

Why study Business, Communications, and Marketing?

These professions support services through business management and distribution of services.

Why study Human Development and Family Studies?

Are you dedicated to helping others? Are you interested in a profession that's devoted to improving the quality of life and health for children, adolescents, adults and families? Studies in Human Development prepares students for careers in a variety of fields, such as human services, social policy, community and public health, counseling, social work, medicine, nursing, occupational therapy, gerontology, child/elder advocacy, criminal justice/law, and child life specialist professions. Students explore topics such as adolescence, child development, family relationships, mental health, counseling and youth programs in both traditional classroom settings and real-world situations.

Why pair Business, Communications, and Marketing?

Businesses need individuals with strong people skills. HDFS students receive training in communicating, listening, understanding group processes and dynamics, and working with others. These skills are indispensable to business. HDFS students can seek after careers in human resources, public relations, training, and development. Students interested in these fields are strongly encouraged to incorporate their HDFS knowledge with training in labor and employment relations, business administration, communications, or management, and to gain hands-on experience working in these fields to build their skills and knowledge.

Career in these professions, can provide education and information to target demographics within these fields through numerous mediums: film, television, art, literature, advertising, publishing, internet, news, and other forms of mass media. A broad interdisciplinary understanding of psychology, sociology, and demographics, plus some practical experience, is appropriate for most entry-level positions in these fields.

For more information contact:

Sheree Whiteside, Human Development & Family Studies, Program Chair whitesid@nsuok.edu



Study Creative Writing and Human Development & Family Studies

Why study Creative Writing?

Creative writers foster an understanding of what makes a text appealing to the eye of the reader.

Why study Human Development and Family Studies?

Are you dedicated to helping others? Are you interested in a profession that's devoted to improving the quality of life and health for children, adolescents, adults and families? Studies in Human Development prepares students for careers in a variety of fields, such as human services, social policy, community and public health, counseling, social work, medicine, nursing, occupational therapy, gerontology, child/elder advocacy, criminal justice/law, and child life specialist professions. Students explore topics such as adolescence, child development, family relationships, mental health, counseling and youth programs in both traditional classroom settings and real-world situations.

Why pair Creative Writing?

Creative writing is especially helpful in aiding children to develop self-esteem, mindfulness, feelings of achievement, empowerment, and empathy. Creative writing is a great way for children to explore their imaginations and process their feelings. When a child learns how to communicate using their own voice, they will feel happy and confident.

Creative writers are educators, speech writers, journalists, marketing coordinators, literary agents, web content managers, poets, screenwriters, essayists, novelists, creative directors and more. They have enhanced writing skill to assist in developing an understanding of narrative structures and storytelling to appeal to different genres.

For more information contact:

Sheree Whiteside, Human Development & Family Studies, Program Chair whitesid@nsuok.edu





Study Criminal Justice, Legal Studies and Human Development & Family Studies

Why study Criminal Justice and Legal Studies?

Studying criminal justice and legal studies allows for an in-depth knowledge of the legal framework to gain a greater understanding of how and why legal decisions are made, as well as an awareness of ethical dilemmas and social policy issues.

Why study Human Development and Family Studies?

Are you dedicated to helping others? Are you interested in a profession that's devoted to improving the quality of life and health for children, adolescents, adults and families? Studies in Human Development prepares students for careers in a variety of fields, such as human services, social policy, community and public health, counseling, social work, medicine, nursing, occupational therapy, gerontology, child/elder advocacy, criminal justice/law, and child life specialist professions. Students explore topics such as adolescence, child development, family relationships, mental health, counseling and youth programs in both traditional classroom settings and real-world situations.

Why pair Criminal Justice and Legal Studies?

Criminal Justice and Legal Studies is a multidisciplinary field of study that examines how legal systems work and the impact those systems have on adolescents, adults, families and society as a whole. It entails the activities of corrections officials, judges, law enforcement personnel, and lawyers, and takes a deeper look at their individual roles in society.

HDFS students focus on how individuals and families develop (both mentally and physically). HDFS is an interdisciplinary program that examines the social context of human development over the lifespan of a person. The study of Human Development is to acquaint you with developmental concepts in and to give you an understanding of the basic dynamics, which underlie human behavior (why we do what we do) at various stages in the lifespan. You will study human development from conception through the adult lifespan and gain a better understand of the various challenges that face families and individuals.

For more information contact:

Sheree Whiteside, Human Development & Family Studies, Program Chair whitesid@nsuok.edu





Study Health Professions, Health Care and Human Development & Family Studies

Why study Health Professions and Health Care?

Health care professionals are equipped with the knowledge to have the ability to foresee the type of regimen needed at each stage of a person's life-span, enabling them to keep their patients as healthy as possible.

Why study Human Development and Family Studies?

Are you dedicated to helping others? Are you interested in a profession that's devoted to improving the quality of life and health for children, adolescents, adults, seniors and families? Studies in Human Development prepares students for careers in a variety of fields, such as human services, social policy, community and public health, counseling, social work, medicine, nursing, occupational therapy, gerontology, child/elder advocacy, criminal justice/law, and child and senior life specialist professions. Students explore topics such as adolescence, child development, family relationships, mental health, counseling and youth programs in both traditional classroom settings and real-world situations.

Why pair Health Professions and Health Care?

The field of Health and Professions is intensely connected to Human Development and Family Studies, especially in regards to preventative medicine. Additionally, a comprehensive understanding of human development gives them a broad look into the type of health risk factors that their patients are exposed to based upon their peer group, age, cultural background, economic status, gender, education, and occupation. Obstetrics, pediatrics, and gerontology, are inherently developmental and focused around issues of biological growth and decline. Neurological traumas such as strokes, brain damage, and spinal cord injuries also involve development. An understanding of brain development will assist neurological doctors and can help to predict the extent to which a patient can recover function of physical and cognitive abilities.

For more information contact:

Sheree Whiteside, Human Development & Family Studies, Program Chair whitesid@nsuok.edu



Study Hospitality & Tourism and Human Development & Family Studies

Why study Hospitality & Tourism?

Studying Hospitality and Tourism will give you a deep understanding of how to deliver exceptional service, meet customer needs, and create memorable experiences in the areas of hotel/lodging management, restaurant management, meeting and event planning, or tribal gaming.

Why study Human Development and Family Studies?

Are you dedicated to helping others? Are you interested in a profession that's devoted to improving the quality of life and health for children, adolescents, adults, seniors and families? Studies in Human Development prepares students for careers in a variety of fields, such as human services, social policy, community and public health, counseling, social work, medicine, nursing, occupational therapy, gerontology, child/elder advocacy, criminal justice/law, and child life specialist professions. Students explore topics such as adolescence, child development, family relationships, mental health, counseling and youth programs in both traditional classroom settings and real-world situations.

Why pair Hospitality & Tourism?

The profession of hospitality and tourism serves many cultures. The skills needed in this profession are problem-solving, family development, child development, cultural awareness, communication, customer service, and life-span development. Knowing the needs of different cultures, families, and children are essential to success in this chosen career area. Catering to the developmental stages of children and families, knowledge of current entertainment trends and familiarization of differing demographics are also essential.

For more information contact:

Sheree Whiteside, Human Development & Family Studies, Program Chair whitesid@nsuok.edu





Study Social & Public Policy, Social Work and Human Development & Family Studies

Why study Social & Public Policy and Social Work?

These professions are about understanding and working towards improving the lives of people in society.

Why study Human Development and Family Studies?

Are you dedicated to helping others? Are you interested in a profession that's devoted to improving the quality of life and health for children, adolescents, adults and families? Studies in Human Development prepares students for careers in a variety of fields, such as human services, social policy, community and public health, counseling, social work, medicine, nursing, occupational therapy, gerontology, child/elder advocacy, criminal justice/law, child & senior life specialist professions, senior support professions. Students explore topics such as adolescence, child development, family relationships, mental health, counseling and youth programs in both traditional classroom settings and real-world situations.

Why pair Social & Public Policy and Social Work?

Careers in social and public service appeal to persons with an intense aspiration to make life less complicated and more fulfilling for others. Workers in this profession usually are effective communicators and enjoy collaborating with and helping people. Social and Public Service provide a very direct, applied approach to supporting positive social development, both individually and within communities. People with a developmental background have a thorough understanding of the type of services needed for individuals, families, and the community in order to promote healthy environments for people to learn and grow. Positions within this field can be "hands-on" such as social work or law enforcement. However, they can also be of a more planning, organizing, managing, or even research role, such as public health, public policy, or government.

For more information contact:

Sheree Whiteside, Human Development & Family Studies, Program Chair whitesid@nsuok.edu



Study Sociology and Human Development & Family Studies

Why study Sociology?

The study of Sociology helps you to understand human behavior and social interaction.

Why study Human Development and Family Studies?

Are you dedicated to helping others? Are you interested in a profession that's devoted to improving the quality of life and health for children, adolescents, adults, families and seniors? Studies in Human Development prepares students for careers in a variety of fields, such as human services, social policy, community and public health, counseling, social work, medicine, nursing, occupational therapy, gerontology, child/elder advocacy, criminal justice/law, and child life specialist professions. Students explore topics such as adolescence, child development, family relationships, mental health, counseling and youth programs in both traditional classroom settings and real-world situations.

Why pair Sociology?

Sociology professionals learn how to interpret individual behaviors and relationships to the societal level and recognize the impact of differing behaviors, the structure of social groups and societies, and how people interact within these different structures. A sociology student will study subjects like familial interaction, religious customs/traditions, and organized crime, along with gaining a better understanding of issues involving race, gender and social class.

Sociology perform skills needed to excel in politics, administration, and public relations. These people are able to translate individual behaviors and relationships to the societal level and comprehend the impact of various social forces on human behavior- exactly what you learn in sociology courses! In addition to these careers, students have gone on to be doctors, lawyers, researchers, and teachers. A BA in sociology prepares you to maneuver through the complex world of social interaction, whether in your everyday life or in the global world of business, politics, or education.

For more information contact:

Sheree Whiteside, Human Development & Family Studies, Program Chair whitesid@nsuok.edu

wiiitesia@iisuok.eau





Study Therapy and Rehabilitation, Speech-Language Pathology and Human Development & Family Studies

Why study Therapy, Rehabilitation, and Speech-Language Pathology?

Therapy, Rehabilitation, and Speech Language Pathology are the application of any medical, psychiatric, psychological or alternative process designed to promote health and well-being of an individual with the goal of helping him or her attain the highest level of function, independence, and quality of life possible.

Why study Human Development and Family Studies?

Are you dedicated to helping others? Are you interested in a profession that's devoted to improving the quality of life and health for children, adolescents, adults, families and seniors? Studies in Human Development prepares students for careers in a variety of fields, such as human services, social policy, community and public health, counseling, social work, medicine, nursing, occupational therapy, gerontology, child/elder advocacy, criminal justice/law, and child life specialist professions. Students explore topics such as adolescence, child development, family relationships, mental health, counseling and youth programs in both traditional classroom settings and real-world situations.

Why pair Therapy and Rehabilitation, and Speech-Language Pathology?

Therapy, Rehabilitation, and Speech-Language Pathology oversee with aiding children and adults to recover from disability and requires an understanding of normative development that is key to assessing how a disability will impact an individual's life. The age of the individual, and the age of onset of the disability, can often determine the extent to which a patient can regain typical function. Additionally, developmental disabilities such as autism can impact development, and require early intervention in order to give these individuals the highest quality of life achievable. Disabilities such as this, or even neurological traumas such as stroke or brain damage, can impair a wide array of mental and physical functions (language, mobility, cognitive reasoning, and memory) requiring an entire team of therapists across traditional disciplines to help an individual recover.

For more information contact:

Sheree Whiteside, Human Development & Family Studies, Program Chair whitesid@nsuok.edu