



NORTHEASTERN STATE UNIVERSITY

Gregg Wadley College of Science & Health Professions

2022 – 2023 Nutritional Sciences -Allied Health

| Fall Semester | Spring Semester |
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| ENGL 1113 English Composition 1 | ENGL 1213 English Composition II |
| BIOL 1013/1011 Introductory Biology I and Lab | POLS 1113 American Federal Government |
| MATH 1513 College Algebra | NUTR 1653 Basic Nutrition (Life Skills) |
| HIST 1483 or 1493 Am Hist. (1492-1876 or since 1876) | Humanities-Culture & Ideas (3 hrs) See list in NSU catalog |
| UNIV 1003 University Strategies | CHEM 1123/1131 Chemistry I Lecture plus Lab (4 hrs) |
| Total Hours 16 | Total Hours 16 |

| Fall Semester | Spring Semester |
|---|---|
| Humanities-Fine Arts App. (3 hrs) See list in NSU catalog | Communications (3 hrs) See list in NSU catalog |
| CHEM 1223/1231 Chemistry II Lecture and Lab | Life Skills (3 hrs) See list in NSU catalog |
| NUTR 3653 Food and Culture (Global Perspectives) | BIOL 3224 Microbiology |
| PSYC 1113 Intro to Psychology | CHEM 3123/3131 Organic Chemistry I Lecture and Lab |
| Minor courses (3 hours) | Computer Proficiency or CS/IS 1003 or Electives (3 hrs) See list in NSU catalog |
| Total Hours 16 | Total Hours 17 |

| Fall Semester | Spring Semester |
|---|--------------------------|
| NUTR 3111 Intro to Nutritional Sciences | CHEM 4214 Biochemistry |
| BIOL 3314 Human Physiology | Free electives (3 hours) |
| Science Course (4 hrs) See PPH plan | Minor courses (9 hours) |
| Minor courses (6 hours) | |
| Total Hours 15 | Total Hours 16 |

| Fall Semester | Spring Semester |
|--|---|
| Statistics Class (3 hrs) See List in NSU catalog | Allied Health guided electives (15 hours) |
| NUTR 4592 Health Careers Professionalism | |
| Allied Health guided electives (8 hours) | |
| Total Hours 13 | Total Hours 15 |

Total Degree Plan Hours 124

Note: Consult with Advisor for Enrollment in Nutrition Core Courses Each Semester.

Additional Graduation Requirements at NSU Nutritional Sciences Program:

- Students must complete 40 hours of 3000/4000 level course work
- At least one-half (50%) of the hours required in the major must be from NSU
- Students must earn 60 hours from a 4-year institution; 30 hours required from NSU
- At least 5 hours of Allied Health Guided Electives must be 3000/4000 level hours.
- Students must have an overall grade point average of 2.5 for graduation.
- Students must demonstrate computer proficiency; See NSU General Education Requirements.

Total hours needed from a 4-year university to complete Bachelor of Science in Nutritional Science – Allied Health: 124 total hours

For further information, contact Dr. JoAnna Cupp, Program Director, 918-444-2942, cuppi@nsuok.edu