



NORTHEASTERN STATE UNIVERSITY

Gregg Wadley College of Science & Health Professions

2021 – 2022 Nutritional Sciences -Allied Health

Fall Semester	Spring Semester
ENGL 1113 English Composition 1	ENGL 1213 English Composition II
BIOL 1013/1011 Introductory Biology I and Lab	POLS 1113 American Federal Government
MATH 1513 College Algebra	NUTR 1653 Basic Nutrition (Life Skills)
HIST 1483 or 1493 Am Hist. (1492-1876 or since 1876)	Humanities-Culture & Ideas (3 hrs) See list in NSU catalog
UNIV 1003 University Strategies	CHEM 1123/1131 Chemistry I Lecture plus Lab (4 hrs)
Total Hours 16	Total Hours 16

Fall Semester	Spring Semester
Humanities-Fine Arts App. (3 hrs) See list in NSU catalog	Communications (3 hrs) See list in NSU catalog
CHEM 1223/1231 Chemistry II Lecture and Lab	Life Skills (3 hrs) See list in NSU catalog
NUTR 3653 Food and Culture (Global Perspectives)	Science Course (4 hrs) See PPH plan
PSYC 1113 Intro to Psychology	Statistics Class (3 hrs) See List in NSU catalog
Minor courses (3 hours)	Computer Proficiency or CS/IS 1003 or Electives (3 hrs) See list in NSU catalog
Total Hours 16	Total Hours 16

Fall Semester	Spring Semester
NUTR 3111 Intro to Nutritional Sciences	NUTR 4243 Life Cycle Nutrition
NUTR 3583 Nutritional Assessment and Counseling	NUTR 4283 Community Nutrition
NUTR 3563 Fund of Med Nutrition Therapy	Minor courses (6 hours)
NUTR 3201 Food Safety	Free electives (3 hours)
Allied Health guided electives (3 hours)	
Minor courses (3 hours)	
Total Hours 14	Total Hours 15

Fall Semester	Spring Semester
NUTR 4263 Geriatric Nutrition	Allied Health guided electives (12 hours)
NUTR 4592 Health Careers Professionalism	Minor courses (3 hours)
Minor courses (3 hours)	
Allied Health guided electives (8 hours)	
Total Hours 16	Total Hours 15

Total Degree Plan Hours 124

Note: Consult with Advisor for Enrollment in Nutrition Core Courses Each Semester.

Additional Graduation Requirements at NSU Nutritional Sciences Program:

- Students must complete 40 hours of 3000/4000 level course work
- At least one-half (50%) of the hours required in the major must be from NSU
- Students must earn 60 hours from a 4-year institution; 30 hours required from NSU
- At least 5 hours of Allied Health Guided Electives must be 3000/4000 level hours.
- Students must have an overall grade point average of 2.5 for graduation.
- Students must demonstrate computer proficiency; See NSU General Education Requirements.

Total hours needed from a 4-year university to complete Bachelor of Science in Nutritional Science – Allied Health: 124 total hours

For further information, contact Dr. JoAnna Cupp, Program Director, 918-444-2942, cuppi@nsuok.edu