Possible Certifications for Capstone

**Fitness & Clinical:**

* NSCA – Certified Personal Trainer (NSCA -CPT)
  + <https://www.nsca.com/certification/nsca-cpt/>
    - Three different study packages offered by NSCA; prices between $200-500
    - Exam fee: Member rate $300 & non-member rate $435
* Functional Movement Specialists Certification
  + <https://www.functionalmovement.com/Store/35/fms_level_1_online_course>
    - Can be done online it looks like, either self-paced or during a class at a specific time
    - $599 for self-paced online course
    - *Unsure if a degree is needed to take course, could not find answer on website*
* Certified Strength and Conditioning Specialist
  + <https://www.nsca.com/certification/cscs/>
    - Candidates must have at least a bachelor's degree or currently be enrolled as a college senior and have a current CPR/AED certification.
    - Exam Registration Fee: Member rate $340 & Non-member rate $475
* Yoga Instructor
  + Location, times, and pricing dependent on where training takes place
  + 200-300 hour training courses

**Clinical:**

* Certified Nutrition Coach
  + <https://www.issaonline.com/certification/nutrition-certification>
    - Online course with certification
    - Course registration $1,000
* Certified Exercise Physiologist
  + <https://www.acsm.org/certification/get-certified/exercise-physiologist>
    - Candidates must have a minimum of a Bachelor's Degree in Exercise Science, Exercise Physiology or Kinesiology and have a current Adult CPR/AED Certification
    - ACSM Member Candidates $279
    - ACSM Non-Member Candidates $349
* ARC CPR/First Aid or Lifeguarding Instructor Certification
  + <https://www.redcross.org/take-a-class/instructor-training>
    - Cost depends on certification
* Certified Phlebotomy Technician Specialist (CPTS)
  + <https://careertraining.ed2go.com/ictc/training-programs/certified-phlebotomy-technician-voucher-lab-included/?utm_source=ppi&utm_medium=referral&utm_campaign=ictc&utm_term=GES1010>
    - Indian capital Technology Center (this is just one location)
    - Offered online but is 6 months
    - $2295
    - *If this is something they would want to do there are other locations with in-person classes it would just need to be looked into more*
* EMS Courses:
  + <http://www.okemsta.com/services.html#info1-j>
    - EMR (Emergency Medical Responder)
      * in class courses for 2 months
      * $525
    - EMT Traditional (16 Week Classes) (Emergency Medical Technician)
      * Evening classes in the fall and spring and class in summer
      * $1475
    - EMT Blended
      * Mixture of home, Zoom and in person skill portion
      * $1475
    - AEMT (Advanced Emergency Medical Technician)
      * Steps in becoming a paramedic
      * $1975

**Recreation:**

* ARC CPR/First Aid or Lifeguarding Instructor Certification
  + <https://www.redcross.org/take-a-class/instructor-training>
    - Cost depends on certification
* -Water Safety Instructor
* -Swift Water Rescue
* -American Camping Association
* -Level I and above Ropes Course Facilitator- Challenge Quest or other Association of Challenge --Course Technology aligned provider
* -PADI SCUBA certifications
* -Swift Water Rescue
* -Wilderness First Responder or higher from NOLS or like provider
* -National Recreation and Parks Association certifications
* -other certificates deemed appropriate by department PRIOR to student receiving.