



NORTHEASTERN STATE UNIVERSITY

Gregg Wadley College of Science & Health Professions

2022 – 2023 Nutritional Sciences -Allied Health

Fall Semester	Spring Semester
ENGL 1113 English Composition 1	ENGL 1213 English Composition II
BIOL 1013/1011 Introductory Biology I and Lab	POLS 1113 American Federal Government
MATH 1513 College Algebra	NUTR 1653 Basic Nutrition (Life Skills)
HIST 1483 or 1493 Am Hist. (1492-1876 or since 1876)	Humanities-Culture & Ideas (3 hrs) See list in NSU catalog
UNIV 1003 University Strategies	CHEM 1123/1131 Chemistry I Lecture plus Lab (4 hrs)
Total Hours 16	Total Hours 16

Fall Semester	Spring Semester
Humanities-Fine Arts App. (3 hrs) See list in NSU catalog	Communications (3 hrs) See list in NSU catalog
CHEM 1223/1231 Chemistry II Lecture and Lab	Life Skills (3 hrs) See list in NSU catalog
NUTR 3653 Food and Culture (Global Perspectives)	BIOL 3224 Microbiology
PSYC 1113 Intro to Psychology	CHEM 3123/3131 Organic Chemistry I Lecture and Lab
Minor courses (3 hours)	Computer Proficiency or CS/IS 1003 or Electives (3 hrs) See list in NSU catalog
Total Hours 16	Total Hours 17

Fall Semester	Spring Semester
NUTR 3111 Intro to Nutritional Sciences	CHEM 4214 Biochemistry
BIOL 3314 Human Physiology	Free electives (3 hours)
Science Course (4 hrs) See PPH plan	Minor courses (9 hours)
Minor courses (6 hours)	
Total Hours 15	Total Hours 16

Fall Semester	Spring Semester
Statistics Class (3 hrs) See List in NSU catalog	Allied Health guided electives (15 hours)
NUTR 4592 Health Careers Professionalism	
Allied Health guided electives (8 hours)	
Total Hours 13	Total Hours 15

Total Degree Plan Hours 124

Note: Consult with Advisor for Enrollment in Nutrition Core Courses Each Semester.

Additional Graduation Requirements at NSU Nutritional Sciences Program:

- Students must complete 40 hours of 3000/4000 level course work
- At least one-half (50%) of the hours required in the major must be from NSU
- Students must earn 60 hours from a 4-year institution; 30 hours required from NSU
- At least 5 hours of Allied Health Guided Electives must be 3000/4000 level hours.
- Students must have an overall grade point average of 2.5 for graduation.
- Students must demonstrate computer proficiency; See NSU General Education Requirements.

Total hours needed from a 4-year university to complete Bachelor of Science in Nutritional Science – Allied Health: 124 total hours

For further information, contact Dr. JoAnna Cupp, Program Director, 918-444-2942, cuppi@nsuok.edu